


Welcome to the world
of Foundation cursive handwriting!
Here you'll meet sea creatures,
monsters and pirates.



You might even find
some buried treasure!
This page is your passport –
so before you go any further,
fill in the information below.

Name: _____

Class: _____

Age: _____

Birthday: _____

Favourite food: _____

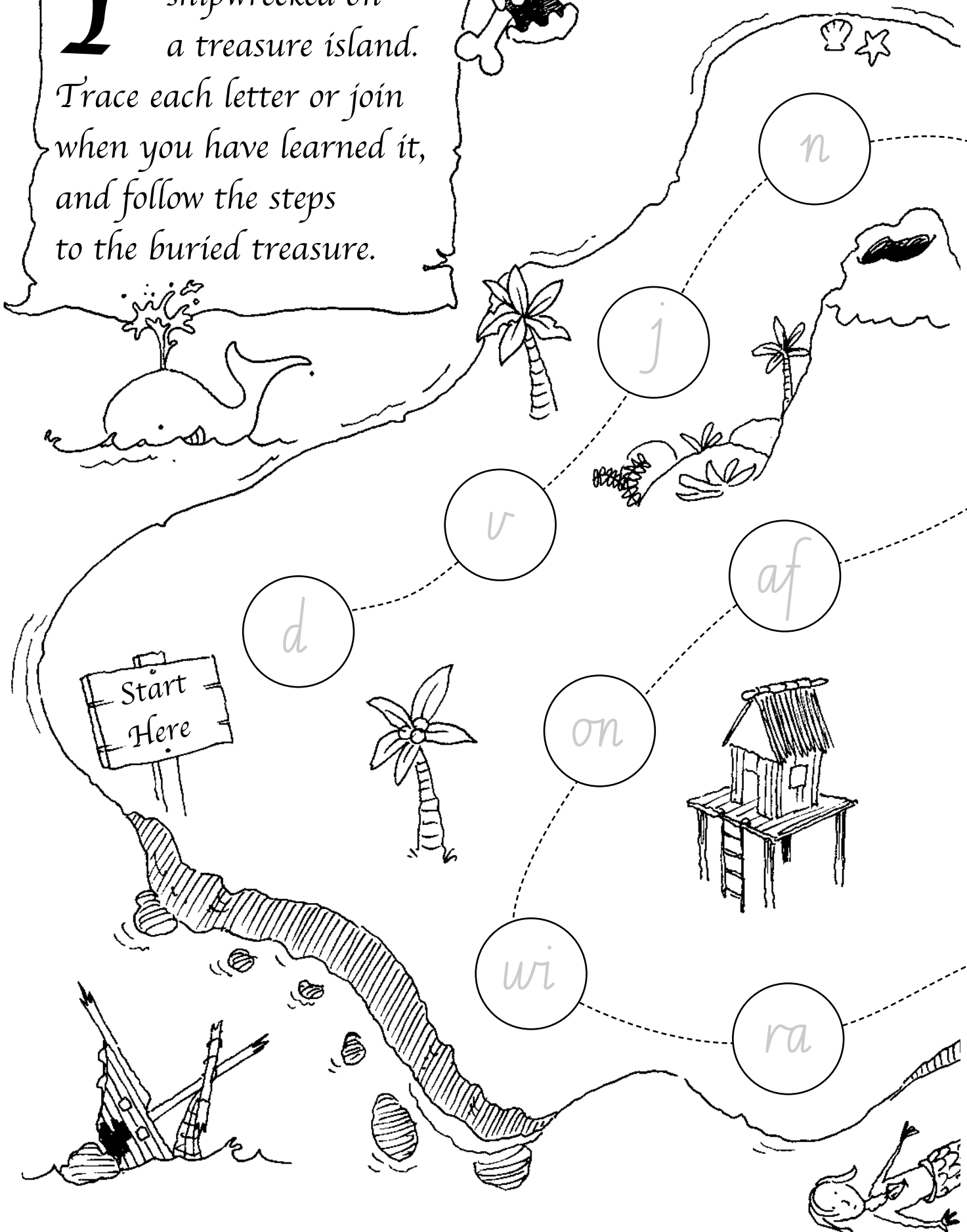
Favourite place: _____

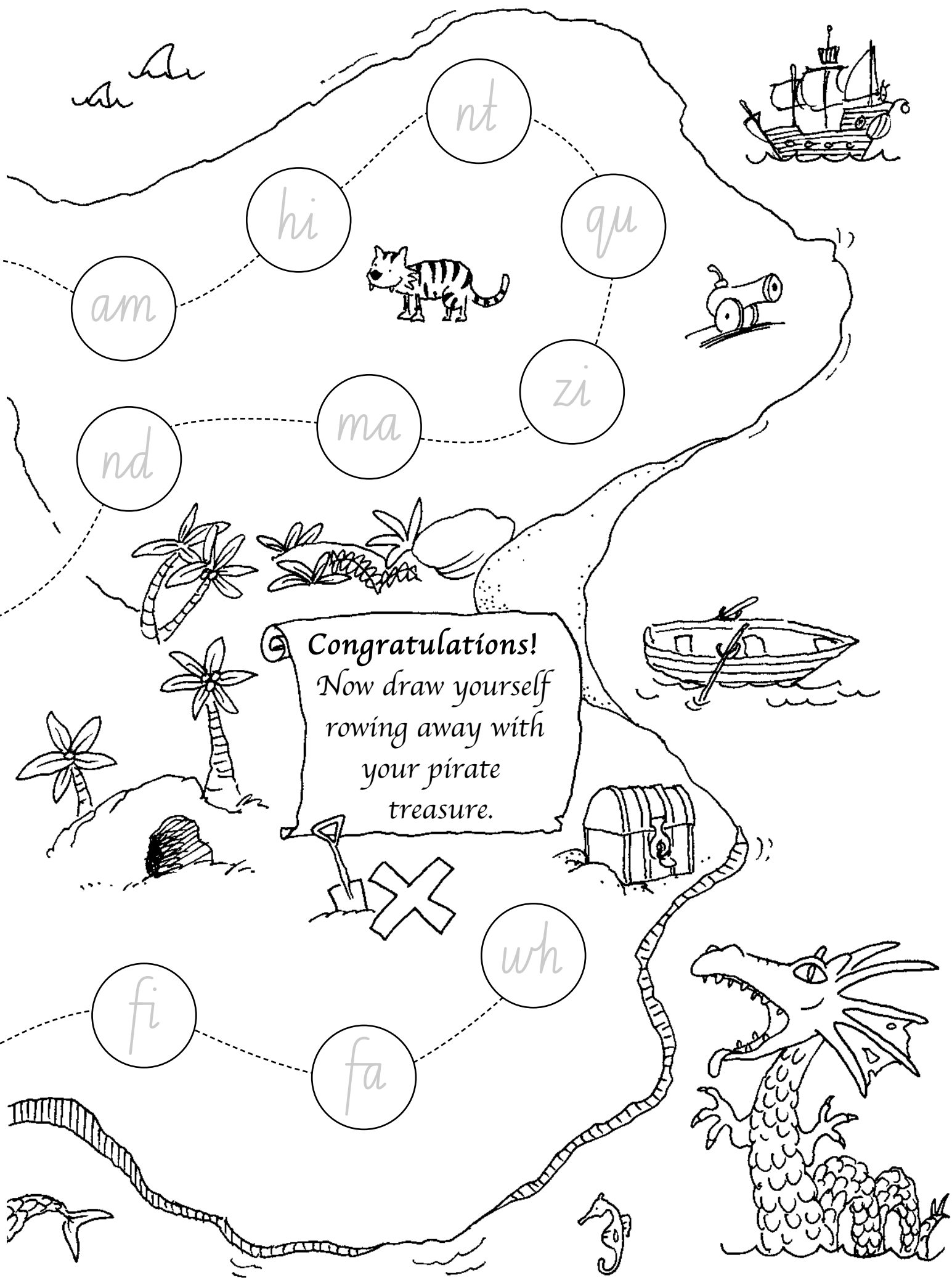
Favourite activity: _____



Draw yourself here.

You have been
shipwrecked on
a treasure island.
Trace each letter or join
when you have learned it,
and follow the steps
to the buried treasure.





Revision – Foundation printing

Trace these capitals. Write the matching lower-case letters.

A B C D E F

G H I J K L

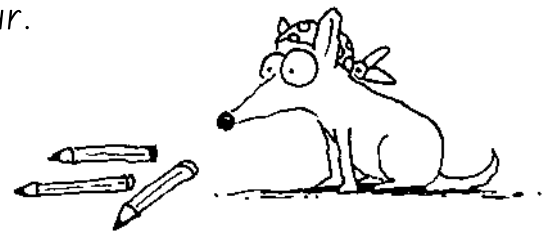
M N O P Q

R S T U V

W X Y Z

Trace the downstroke pattern letters in one colour.

Trace the clockwise (hopping) pattern letters in another colour. Trace the anti-clockwise (wave) pattern letters in a third colour.



a b c d e f g h i

j k l m n o p q r

s t u v w x y z

Trace and copy.

1 1 1

2 2 2

3 3 3

4 4 4

5 5 5

6 6 6

7 7 7

8 8 8

9 9 9

10 10



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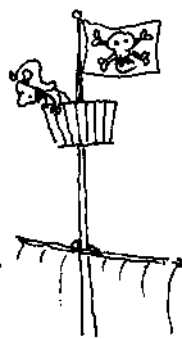
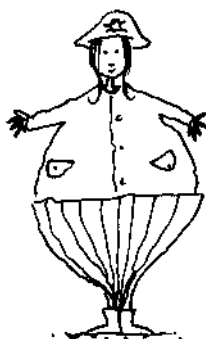
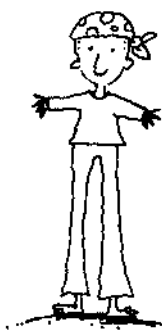
? ? ?

“ ” “ ”

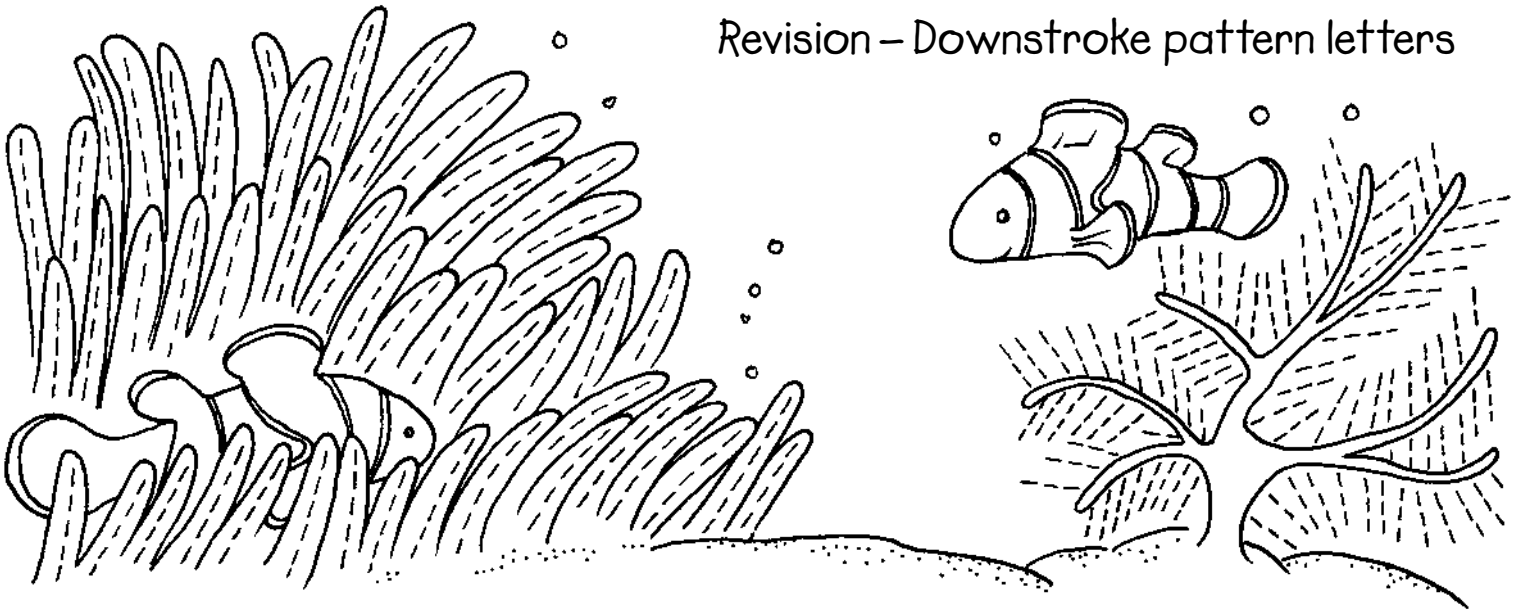
Revision – Letter size and position

Look at the song below. Some of the letters are the wrong size, and some are in the wrong position. Rewrite it correctly.

A s*a*ilor went to Sea, sea, s*e*a
to see w*h*at he Cou*ld* see, see, see
And all tha*t* h*e* cou*ld* see, See, see
Was t*he* bot*tom* of the de*ep* b*l*ue
s*e*^a, Se*a*, sea!



Revision – Downstroke pattern letters



Trace. Copy. Write the matching capital letter.

f i j l
t x z

Write some words you know that use only downstroke letters. You can use the same letter more than once. The first one has been done for you.

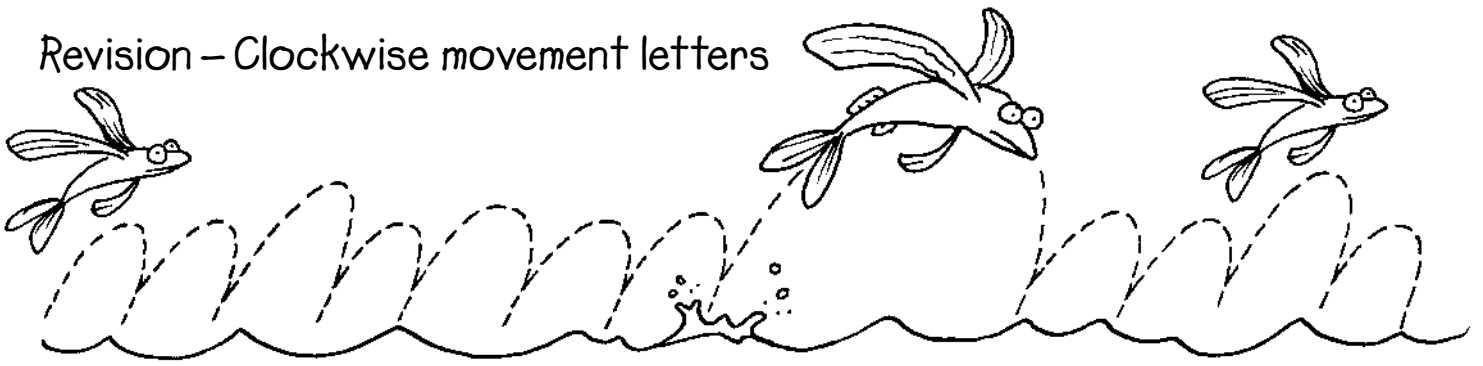
fit

Mark the starting point on these letters in green. Trace them. Draw a seahorse next to each one. Colour it to show where the letter sits in the lines.



l t x z
i f j

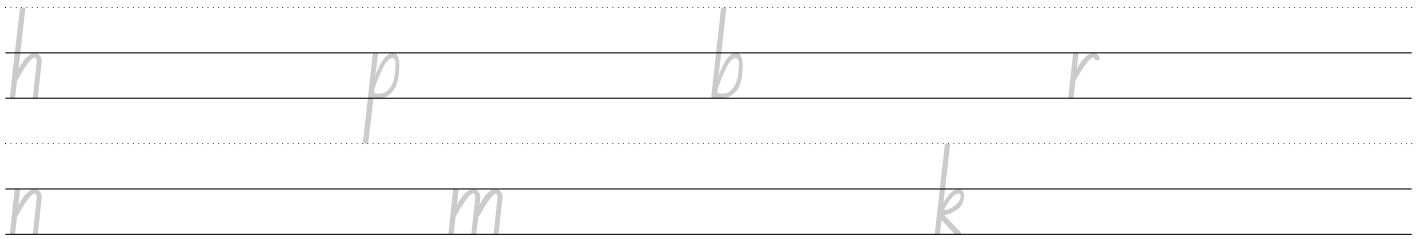
Revision – Clockwise movement letters



Find the clockwise movement letters in these patterns.



Trace. Colour the wedges. Copy.



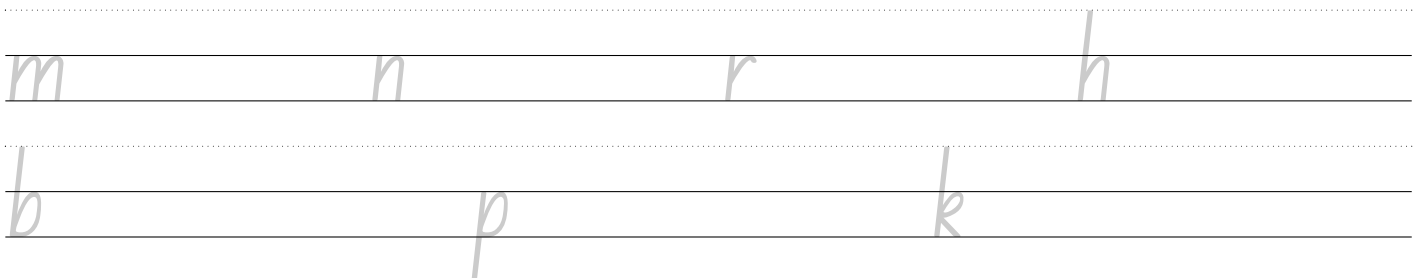
Write each clockwise movement letter in the correct column. Write its capital next to it.

head and body letters

body only letters

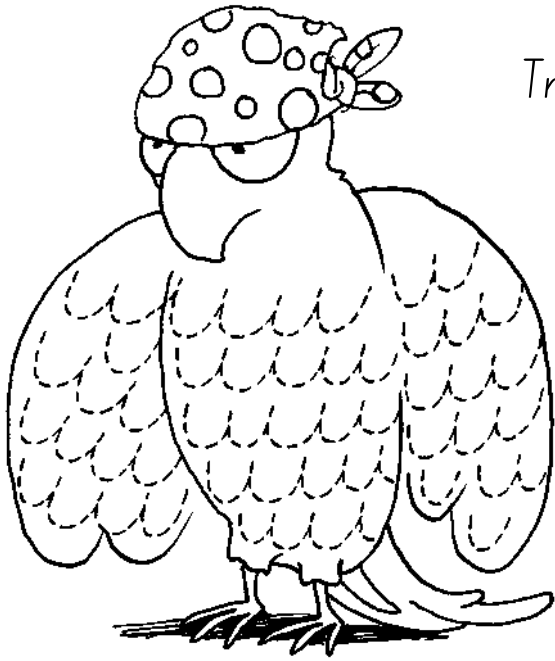
body and tail letters

Mark the starting point in orange. Trace, then copy.



Revision – Anti-clockwise movement letters

Trace. Circle the anti-clockwise movement letters.



a b c d e f g
h i j k l m n
o p q r s t u
v w x y z

Write the capitals that match the anti-clockwise movement letters.

Write the anti-clockwise movement letters that have a body only.

Write the anti-clockwise movement letters that have a body and tail.

Mark the starting point in purple. Trace, then copy.

q w g o
u y a c
e d v s



Introducing exits

Exit flicks will help you get from one letter to the next when you start to join letters.

Letters that finish at a line can be given a little exit flick.



Trace.

a d h i k l m n t u v w

Track these letters with exits.

a a a a a a a a a

d d d d d d d d d

h h h h h h h h h

i i i i i i i i i

k k k k k k k k k

l l l l l l l l l

m m m m m m m m