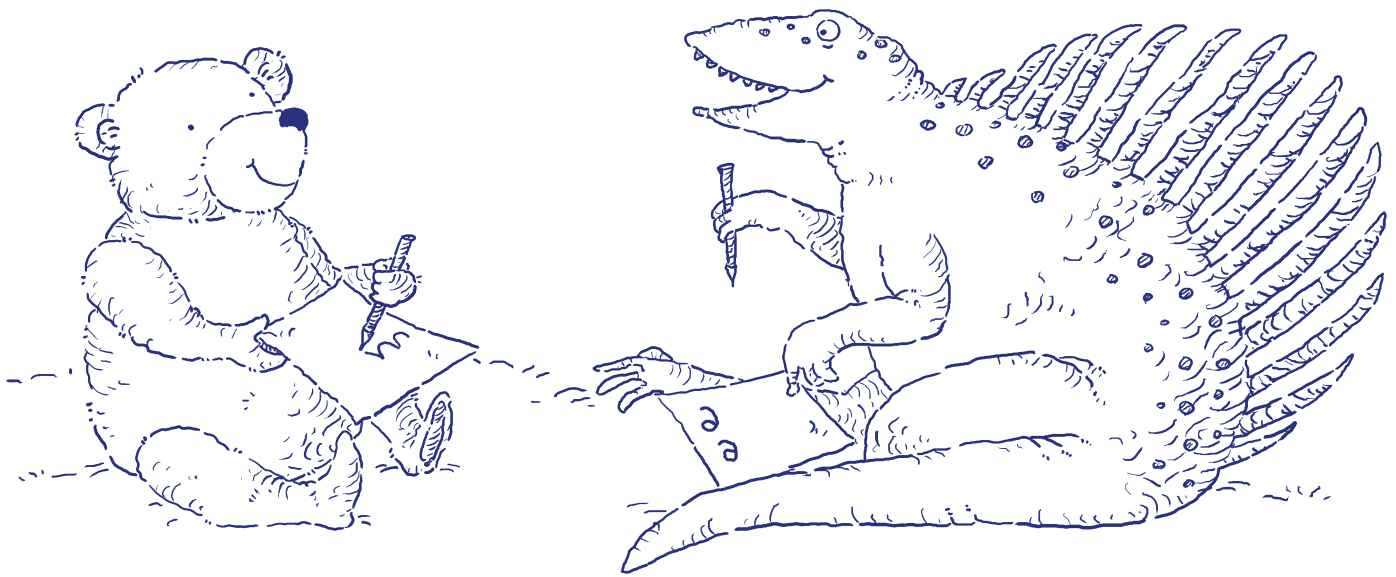




Prep Handwriting

Susan Young

illustrations by Janice Bowles and Marta Tesoro















My name is

Introduction

This workbook introduces the Prep student to the Queensland Beginner’s Alphabet. This particular handwriting style uses simple flowing natural hand movements. The movement patterns include gently sloped straight lines, anti-clockwise and clockwise rotations.

Letters in this workbook are grouped according to these movement patterns. The simple sloped downward straight-line movement is introduced first. More complex movements are introduced later in the book, allowing the student to build on their prior knowledge and move from the simple to more complex movements.

BASIC MOVEMENTS COVERED:

Section one Straight line	Section two Anti-clockwise	Section three Clockwise	Anti-clockwise and clockwise
Downstroke 	Movement 	‘m’ pattern 	‘s’ pattern 
Horizontal 	‘w’ pattern 	Loop pattern 	
Diagonal upstroke 	Loop pattern 	‘j’ pattern and downstroke 	
Crisscross 			
‘z’ pattern 			

Prep Handwriting Workbook Features

- Instructions and activities are simple and repetitive, allowing the student to concentrate on the writing task.
- Each letter is clearly represented on the top left-hand side of the double page.
- Capital letter and lower-case letter are paired together on the top right-hand side of the page as a tracking activity.
- The starting points are all clearly marked with a red dot followed by directional arrows.
- Trace and track activities explore the shape and formation of each letter, and encourage fluency of movement.
- Illustrations for each activity provide practice of the required movement, are fun and quirky as well as representing the sound each letter makes.
- A blue line at the bottom of the left-hand page provides practice at placing letters onto lines.
- The red and blue line at the bottom of the right-hand page provides practice at placing letters onto lines that will be used in Year 1.
- Cat Illustration – The cat illustration has been used throughout the book as a visual aid that highlights the head, body and/or tail parts of each letter and assists with letter placement. e.g. The letter ‘y’ is a body and tail letter, the body part sits on the blue line, and the tail hangs below the blue line.
- The basic movement pattern is noted on the bottom of each page as a reference for the teacher.
- Writing of Numerals 1 -10 is included in the last section of the book.

Handy Hint: For good handwriting to occur and be maintained, it is important that the mechanics of handwriting are addressed. These include correct pencil grip, paper position and posture. Spend a few minutes at the beginning of each handwriting lesson, focussing on these vital points.

Please Note: This book is designed as a supplement to the teacher’s handwriting programme. It is important that gross motor and fine motor skills are also incorporated into daily lessons, as they are essential for the development of good handwriting skills.

Suggestions for Gross Motor Activities: Balancing, catching, climbing, hopping, jumping, skipping, kicking, rolling, running, throwing and walking help to improve coordination and strength.

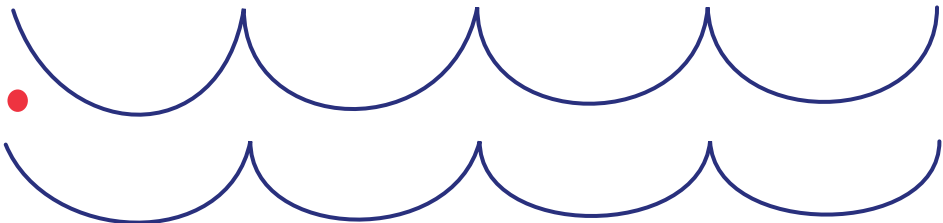
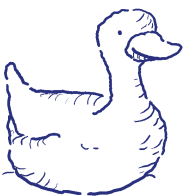
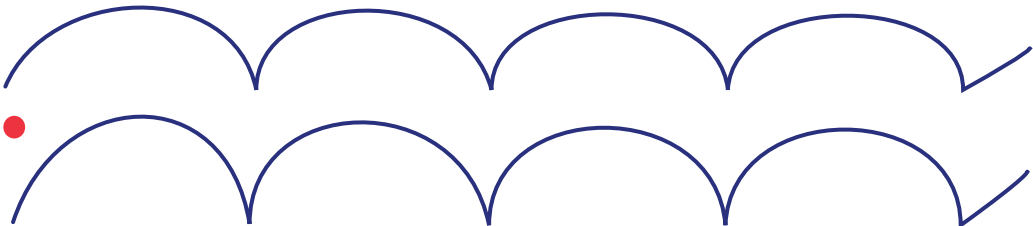
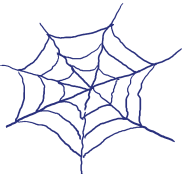
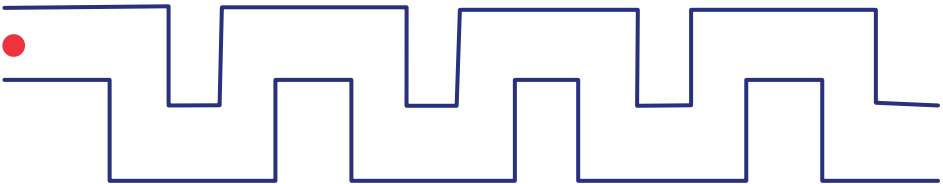
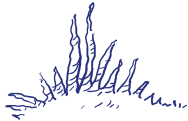
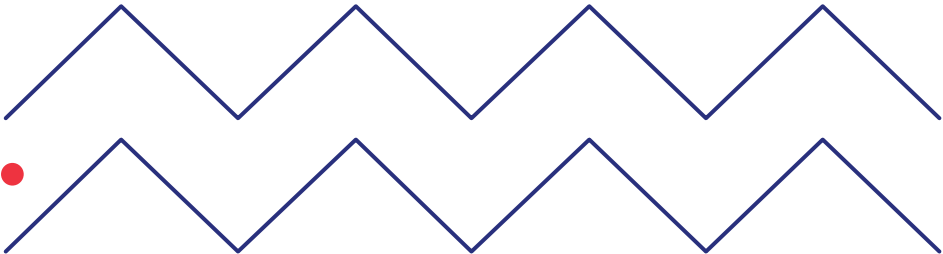
Suggestions for Fine Motor Activities: Colouring in, construction, craft, cutting, dot-to-dot, dough/plasticine modelling, drawing, finger plays, hammering, jigsaws, keyboarding, painting, painting with ear buds, pasting, sewing, sorting, threading and weaving.

I hope you and your students enjoy using this book.

Happy handwriting,

Susan Young

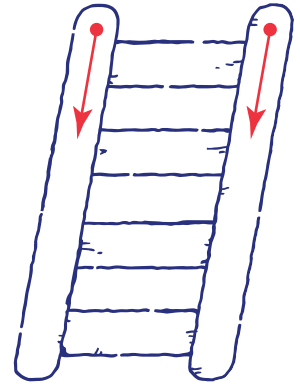
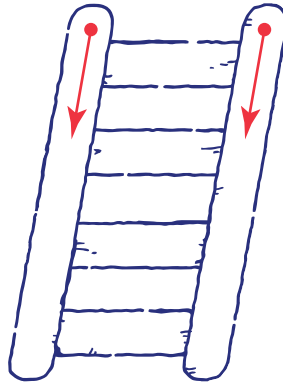
Follow the path. Start at the red dot.



Left to right movement - Tracking

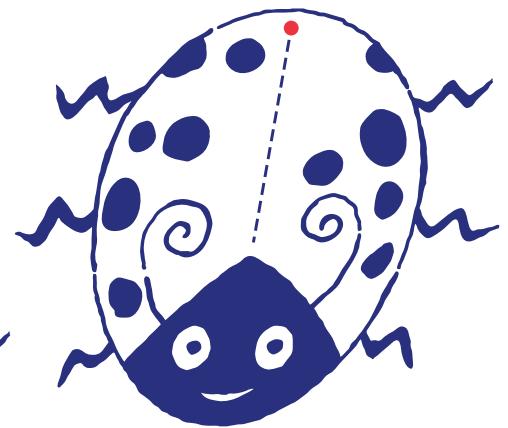
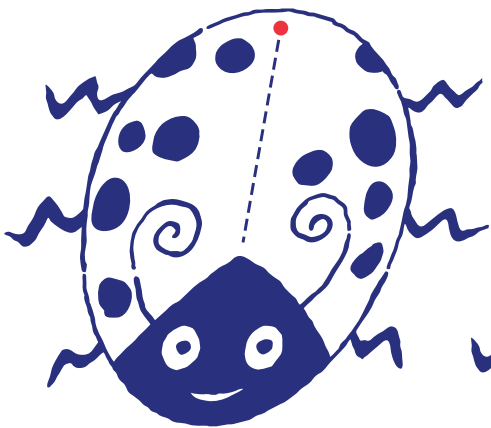


Track. Start at the red dot.



ladders

Trace. Start at the red dot.



ladybugs

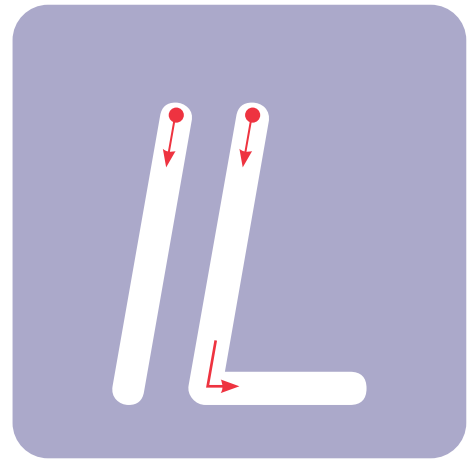
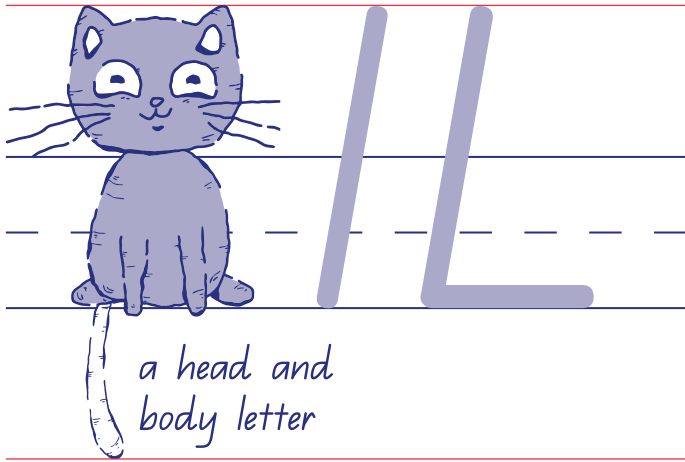
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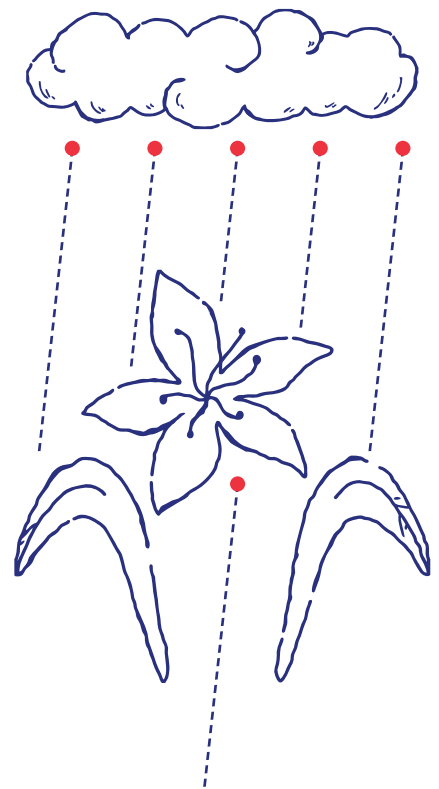
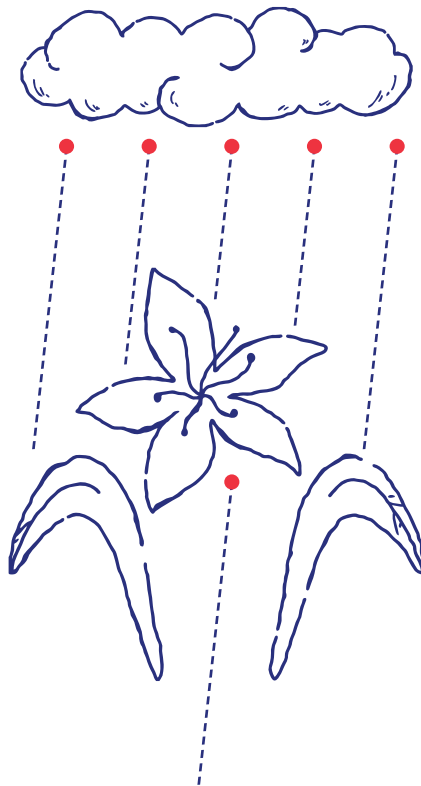
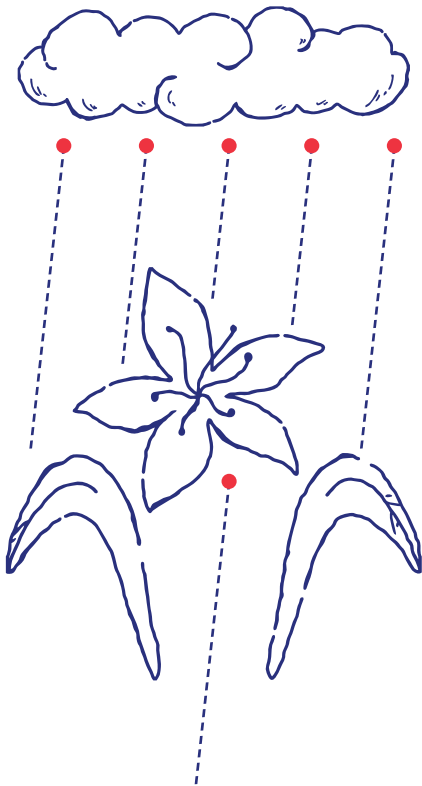
Trace.



Straight line movement

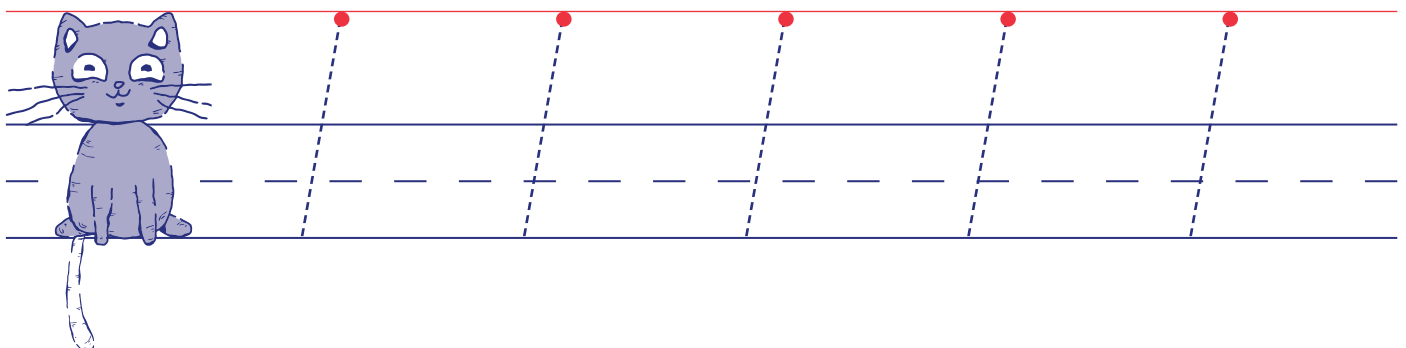


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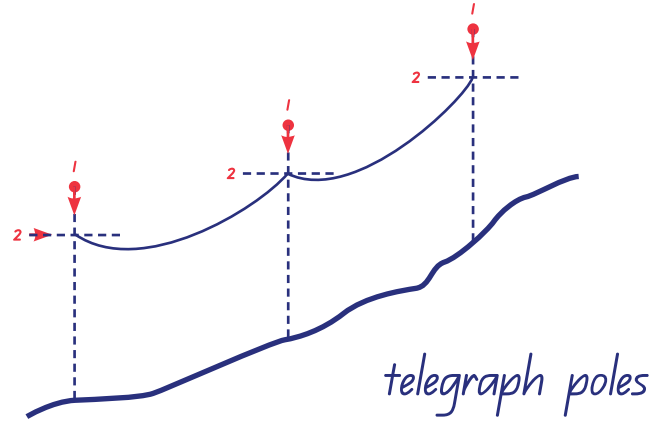
lilies

Trace.

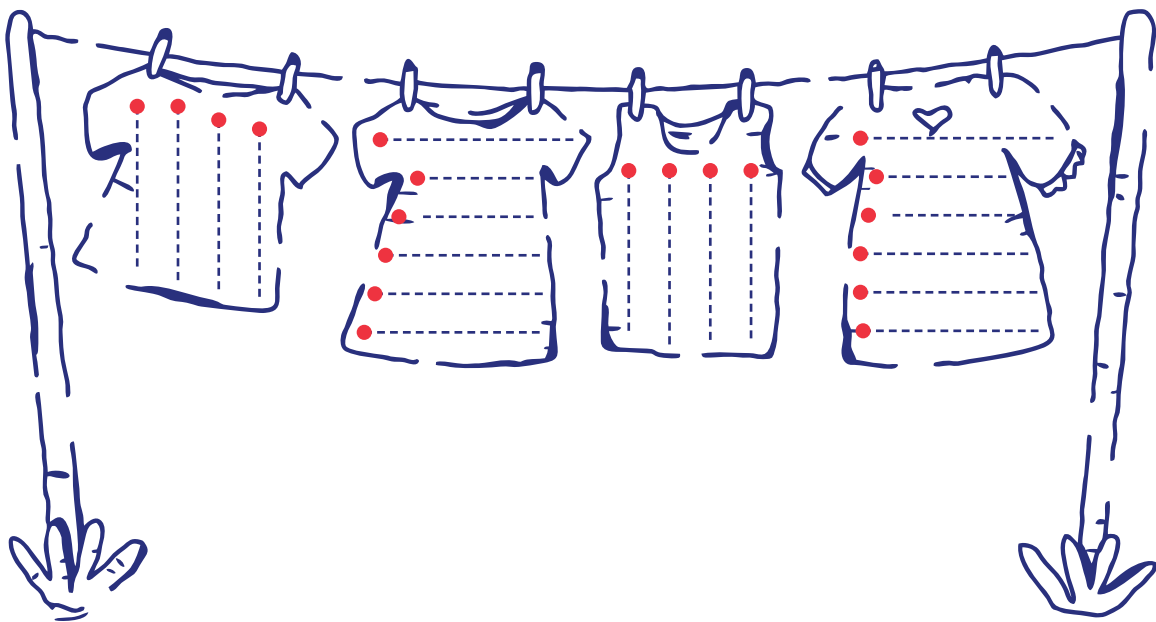




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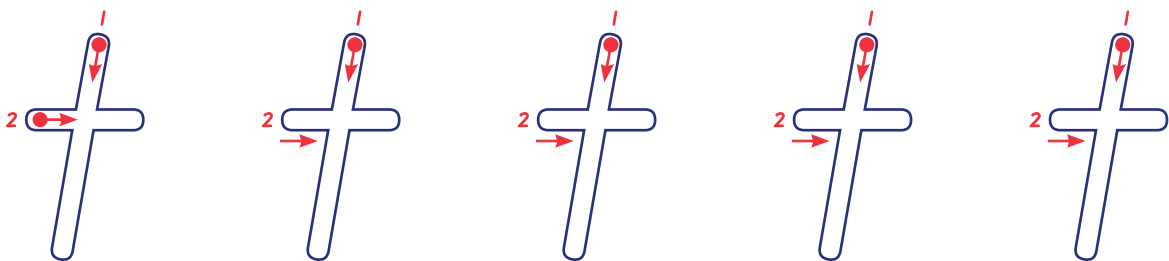


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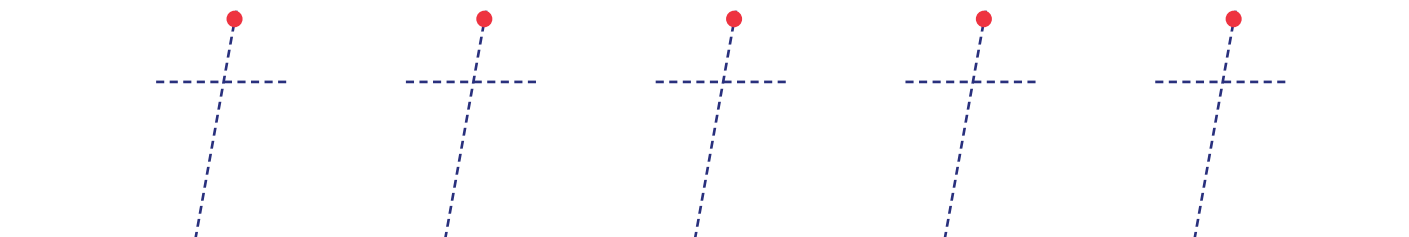


t-shirts

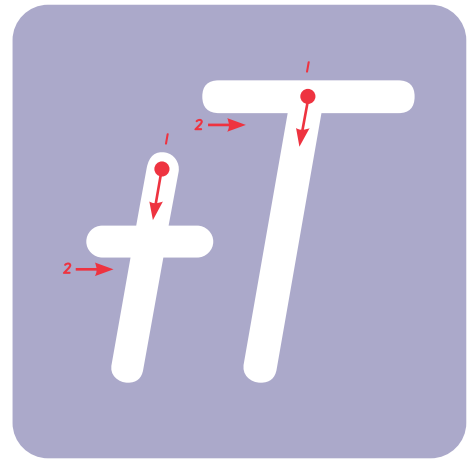
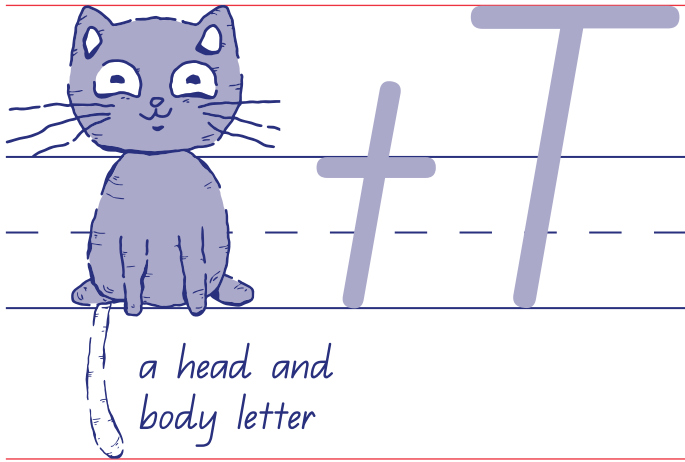
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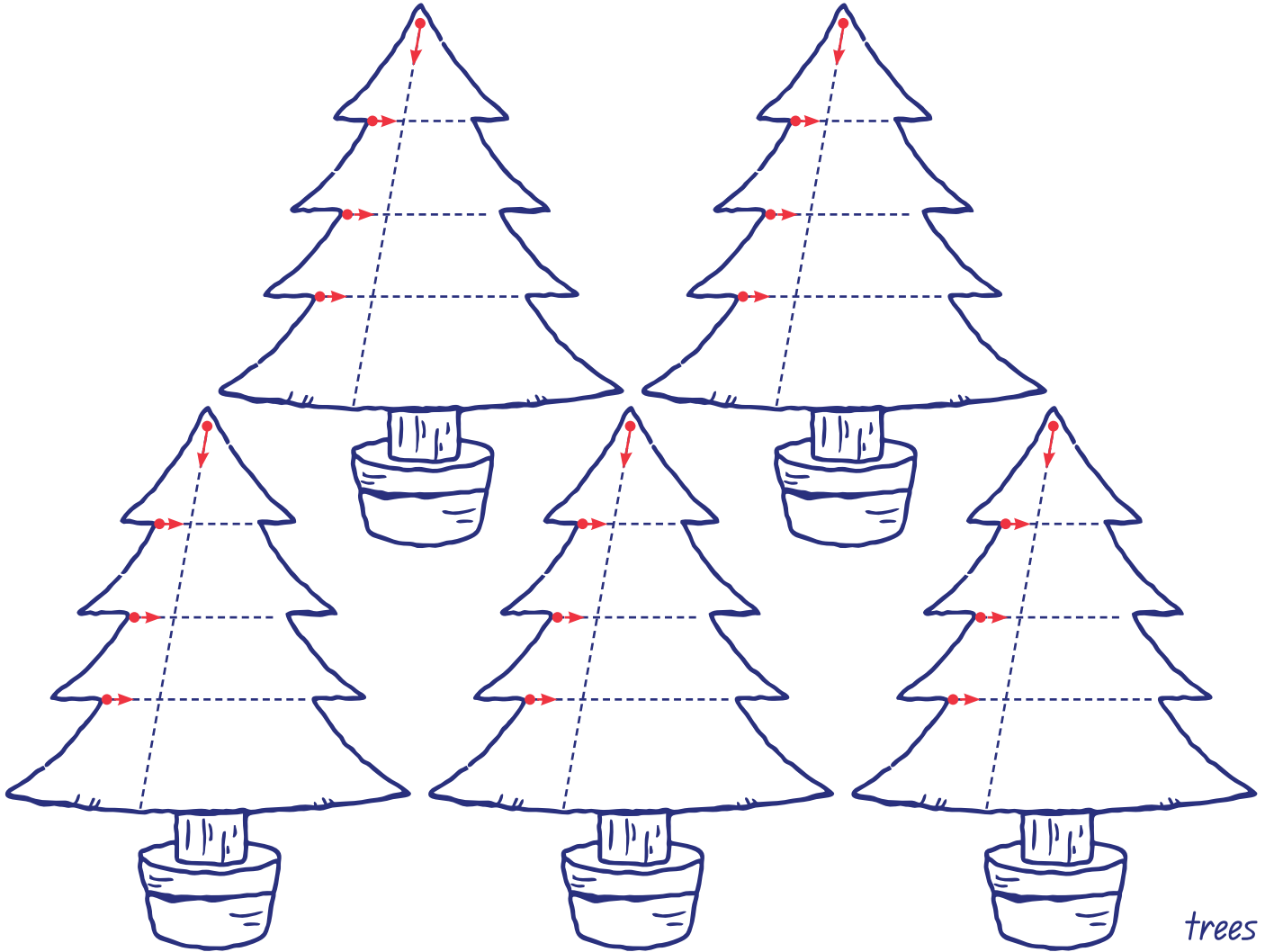
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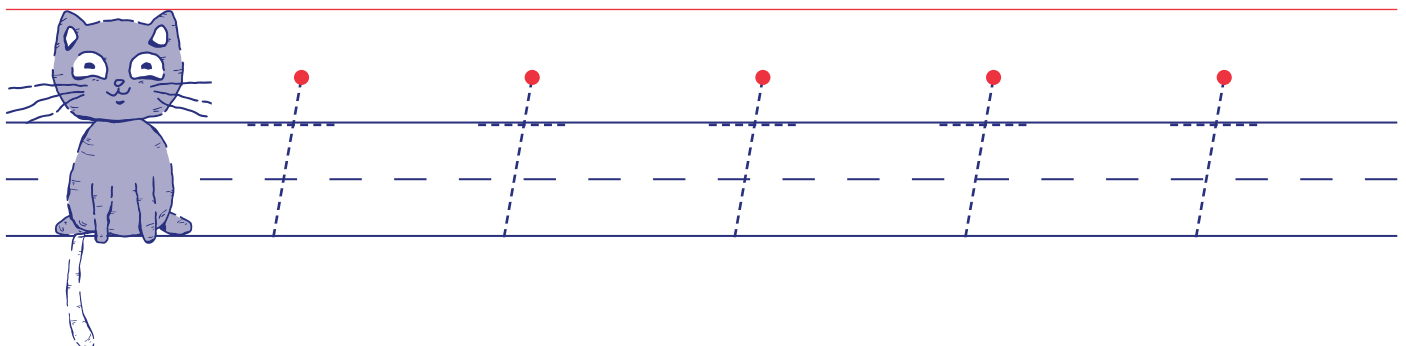
Straight line movement



Trace. Start at the red dot.

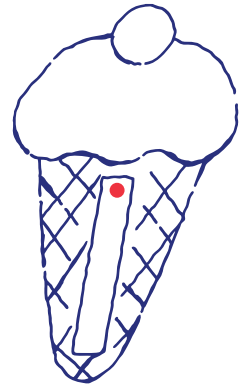
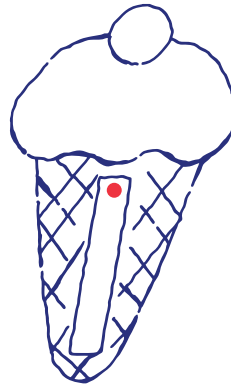


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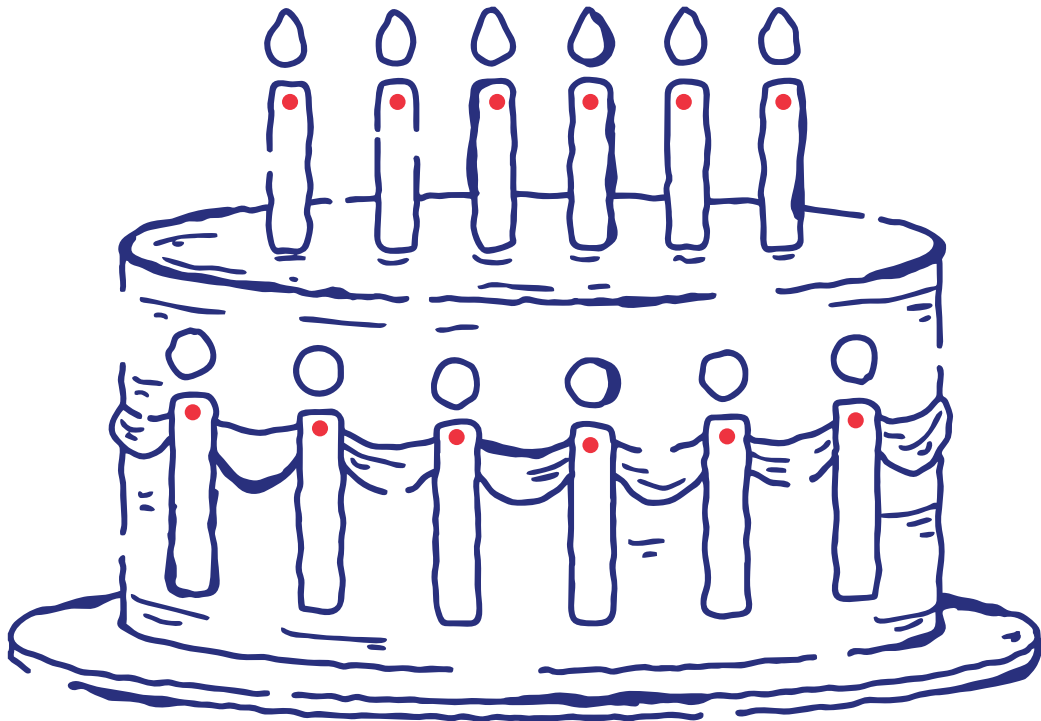


Track. Start at the red dot.



ice-creams

Track. Start at the red dot.



icing

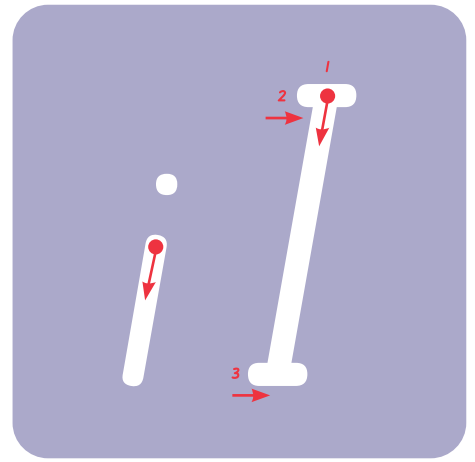
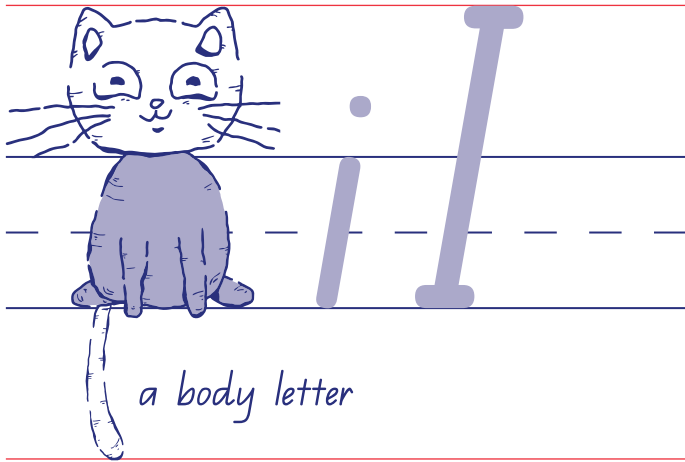
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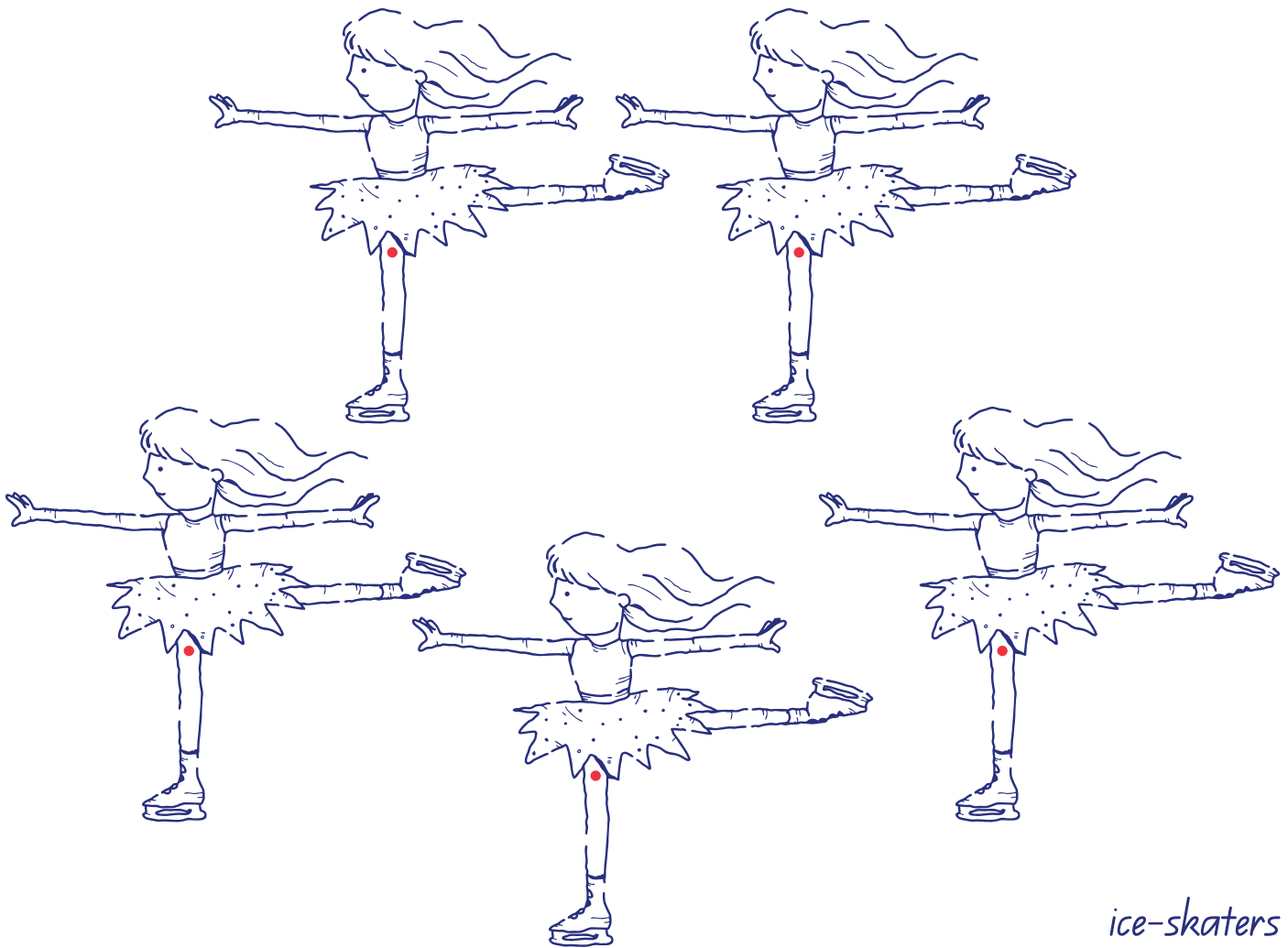
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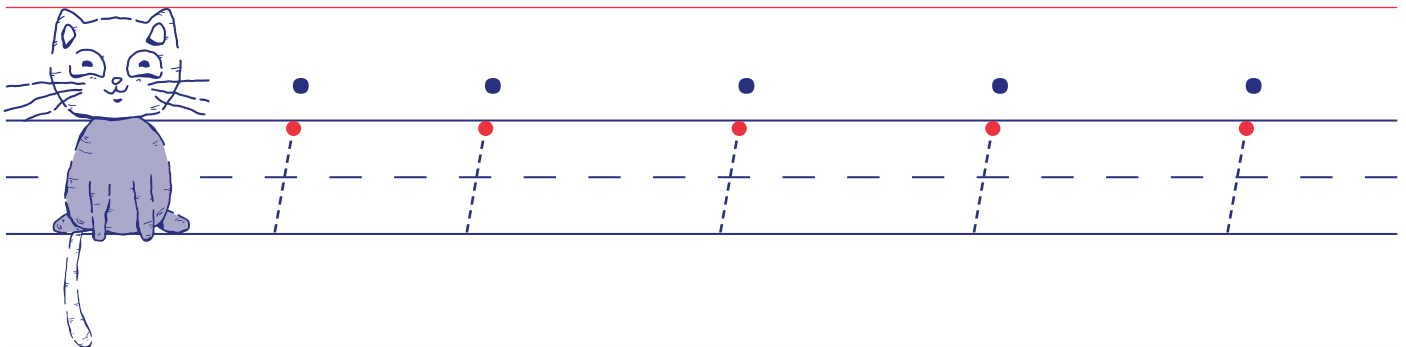
Straight line movement



Track. Start at the red dot.

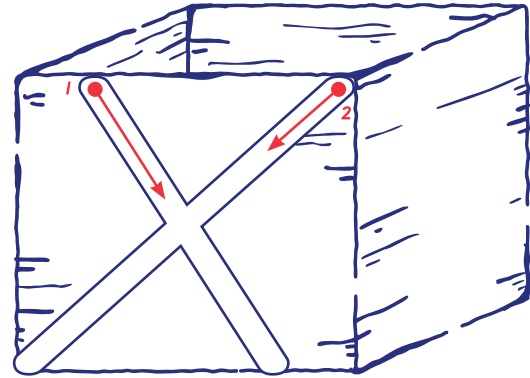


Trace.



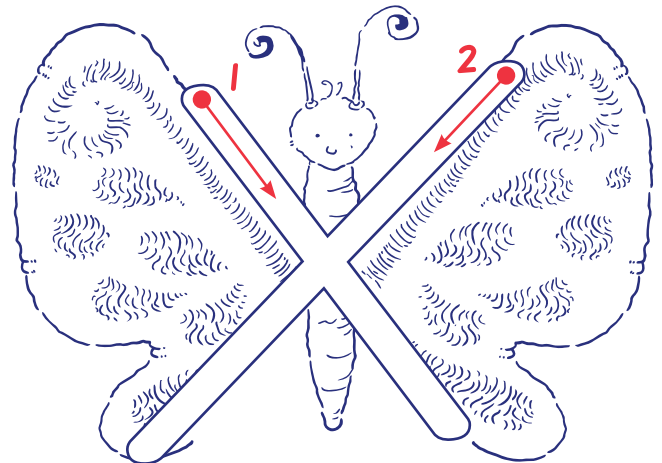
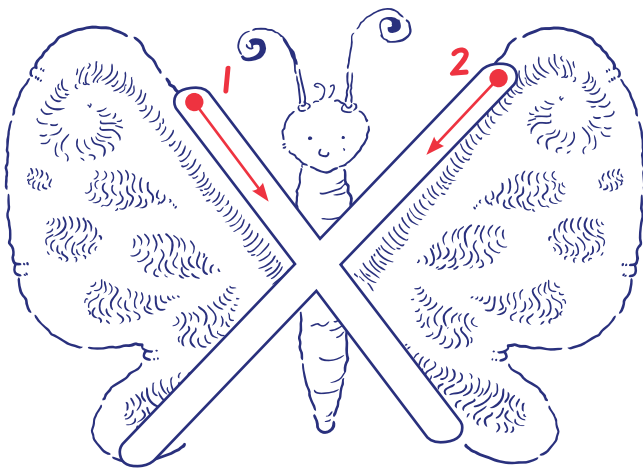


Track. Start at the red dot.



box

Track. Start at the red dot.

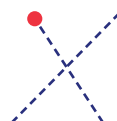
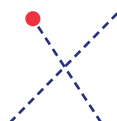
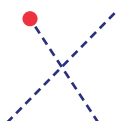
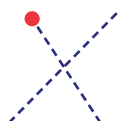
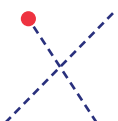


'Xerces Blue' butterflies

Track.



Trace.



Straight line movement